



Seasons of Creativity: Into Winter

Suggested items and art mediums that may be useful
in all Art Dates with creative sessions!

(please note: this is not an obligatory kit and these supplies are NOT included in the price of the class.
I encourage you to work using your own stash and things you have at home!)

Suggested Elements:

- stretched canvas, HDF panel or larger cardboard for your collage - suggested size is not bigger than 30x30 cm (12''x 12'') or similar
 - an old tin, deep frame or box you can use to make a 3D collage or shadowbox
- one medium-sized simple notebook or journal you can write/sketch/doodle in - not too valuable or too beautiful! I'm using Moleskine Art Collection - Watercolour, 13 x 21 cm
 - your favourite pens you use for writing or doodling
- various tapes, stickers, rub-ons, envelopes and paper bags to use in your book
 - your favourite stamps and inks
 - a bunch of paper scraps, various textures and prints
 - a selection of your favourite pens, pencils, crayons,
- a bunch of small findings from the studio - fabric scraps, thread, embellishments, washers, trinkets in various shapes and sizes, especially ones you personally like and you feel represent you and your personality as a creator
 - pressed flowers and leaves
- a selection of objects and photos that feel connected to you including selection of larger objects or photos/cut-outs to be used as a focal points in the journal pages or larger collage. This may be ANY person or an interesting, meaningful object, animal or anything else that will spark your attention!
- selection of photos, prints or stickers you'd usually use for a collage or art journalling project



Seasons of Creativity: Into Autumn

Suggested Art Mediums:

- Art Basics White Heavy Gesso or any other similar good white gesso
 - Art Basics - Clear Gesso or any other similar smooth clear gesso
- Art Basics Black Heavy Gesso or any other similar good black gesso or matte black acrylic paint
- Art Basics Heavy Body Gel or 3D Gloss or Matte Gel (or any thick, sticky gel from a good brand)
- Art Basics Soft Gloss Gel or Soft Matte Gel (or any liquid, sticky, transparent glue)
 - Selection of Acrylic Paints - I'm using Art Alchemy Liquid Acrylics
 - Metallic Acrylic Paint or Metallic Wax in selected colours - I'm using Art Alchemy Metallique Waxes and Metallique Paints
- Your favourite stencil with a smaller design (I'm using Finnabair Stencils - Numbers, Manuscript, Gothic or similar)
- anything shiny: glitters, sequins, microbeads, mica powder, chunky glitter or other similar
- small beads or sand - texture for accents (for example Art Ingredients Mini Art Stones)

Other ideas:

- some of your favourite tapes, stapler, 3D Foam tape or Squares
 - strong tea or coffee infusion
 - postage stamps, labels, tickets
 - rub-ons, transfers, tissue paper or rice paper
 - small elements made with moulds
- scraps of papers with your favourite little prints
- beads, pearls, crystals, pieces of old, unwanted cheap jewellery or similar items
 - small pieces of cardboard, chipboard or similar